





# November 2018

Mon	Tue	Wed	Thu	Fri
			<p><b>1 Breakfast:</b> Waffles, Applesauce, 100% Orange Juice, Milk</p> <p><b>Lunch:</b> WG Corn Dog, Romaine Lettuce, French or Italian Dressing, Frozen Sidekicks, Grapes, Apples, Milk</p>	<p><b>2 Breakfast:</b> Cereal, 100% Apple Juice, Banana, Milk</p> <p><b>Lunch:</b> Ham &amp; Cheese Stuffer, Romaine Lettuce, Carrots &amp; Broccoli, Ranch Dip, Apples, Melon, Milk</p>
<p><b>5 Breakfast:</b> Sausage &amp; Cheese on Biscuit, Mandarin Oranges, 100% Apple Juice, Milk</p> <p><b>Lunch:</b> Turkey &amp; Gravy, Mashed Potatoes, Dinner Roll, Romaine Lettuce, Ranch or Italian Dressing, Banana, Craisins, Milk</p>	<p><b>6 Breakfast:</b> WG Pancake Bites, Applesauce, Raisins, Milk</p> <p><b>Lunch:</b> Taco Meat, WW Corn Chips, Cheese, Lettuce, Tomatoes, Refried Beans, Sour Cream, Salsa, Bananas, Oranges, Milk</p>	<p><b>7 Breakfast:</b> Scrambled Eggs, WG Toast, Peaches, 100% Orange Juice, Milk</p> <p><b>Lunch:</b> Ham, Baby Bakers, Romaine Lettuce, Ranch Dressing, WG Dinner Roll, Banana, Pineapple, Milk</p>	<p><b>8 Breakfast:</b> Muffins, String Cheese, Applesauce, 100% Apple Juice, Milk</p> <p><b>Lunch:</b> BBQ Pork on WG Bun, Waffle Fries, Romaine Lettuce, Ranch Dressing, Melon, Oranges, Milk</p>	<p><b>9 Breakfast:</b> Cereal, 100% Grape Juice, Banana, Milk</p> <p><b>Lunch:</b> Pizza, Romaine Lettuce, Frozen Sidekicks, Ranch Dressing, Carrots, Oranges, Apples, Milk</p>
<p><b>12 Breakfast:</b> Sausage &amp; Pancake Wrap, Applesauce, Craisins, Milk</p> <p><b>Lunch:</b> (K-5) Mac &amp; Cheese, (6-12) Chicken, Alfredo Sauce, WW Noodles, Romaine Lettuce, Ranch or French Dressing, WW Dinner Roll, Carrots, Apples, Oranges, Milk</p>	<p><b>13 Breakfast:</b> Nutri-Grain Bar, Yogurt, 100% Grape Juice, Banana, Milk</p> <p><b>Lunch:</b> WG Sub Bun, Ham or Turkey, Cheese, Lettuce, Tomatoes, Sun Chips, Mayo, Mustard, Oranges, Banana, Milk</p>	<p><b>14 Breakfast:</b> WG Poptart, String Cheese, Applesauce Pouch, 100% Grape Juice, Milk</p> <p><b>Lunch:</b> Pizza, Romaine Lettuce, Ranch Dressing, Frozen Sidekicks, Oranges, Pineapple, Milk</p>	<p><b>15</b> <i>No School</i></p>  <p><i>Hunting Day!!!</i></p>	<p><b>16 Breakfast:</b> Cereal, 100% Apple Juice, Bananas, Milk</p> <p><b>Lunch:</b> Hot Dog, WG Buns, Hash Brown Rounds, Baked Beans, Romaine Lettuce Carrots, Oranges, Melon, Milk</p>
<p><b>19 Breakfast:</b> Cream Cheese Filled Bagel, Yogurt, Raisins, Banana, Milk</p> <p><b>Lunch:</b> Chicken Patties, WG Buns, Baked Fries, Frozen Sidekicks, Romaine Lettuce, Ranch, Grapes, Apples, Milk</p>	<p><b>20 Breakfast:</b> Muffins, String Cheese, Bananas, 100% Apple Juice, Milk</p> <p><b>Lunch:</b> Taco Meat, WW Corn Chips, Cheese, Lettuce, Tomatoes, Refried Beans, Sour Cream, Salsa, Oranges, Fruit Slushies, Milk</p>		<p><b>21-23</b> <i>No School</i></p>	
<p><b>26 Breakfast:</b> Cherry or Apple Frudels, Yogurt, Raisins, Bananas, Milk</p> <p><b>Lunch:</b> Chicken Nuggets, Baked Fries, WG Dinner Roll, Romaine Lettuce, Ranch Dressing, Oranges, Apples, Milk</p>	<p><b>27 Breakfast:</b> Breakfast Pizza Boats, Pears, 100% Orange Juice, Milk</p> <p><b>Lunch:</b> WG Sub Bun, Ham or Turkey, Cheese, Lettuce, Tomatoes, WG Doritos, Mayo, Mustard, Oranges, Banana, Milk</p>	<p><b>28 Breakfast:</b> Cheese Omelets, WW Toast, Banana, 100% Grape Juice, Milk</p> <p><b>Lunch:</b> Ravioli, Green Beans, Romaine Lettuce, Ranch Dressing, Goldfish Crackers, Applesauce Pouch, Fruit Slushies, Milk</p>	<p><b>29 Breakfast:</b> Waffles, Applesauce, 100% Orange Juice, Milk</p> <p><b>Lunch:</b> WG Corn Dog, Romaine Lettuce, French or Italian Dressing, Frozen Sidekicks, Grapes, Apples, Milk</p>	<p><b>30 Breakfast:</b> Cereal, 100% Apple Juice, Banana, Milk</p> <p><b>Lunch:</b> Ham &amp; Cheese Stuffer, Romaine Lettuce, Carrots &amp; Broccoli, Ranch Dip, Apples, Melon, Milk</p>