




# January 2019



Mon	Tue	Wed	Thu	Fri
	<p>1</p> <p><b><u>No School</u></b> <b><u>Happy New Year!!!</u></b></p>	<p>2 <u>Breakfast:</u> Breakfast Pizza, 100% Orange Juice, Pears, Milk</p> <p><u>Lunch:</u> Chicken Nuggets, Baked Fries Romaine Lettuce, Apples, Fruit Slushies', Milk ( H.S. Dinner Roll)</p>	<p>3 <u>Breakfast:</u> Muffins, Gogurt, Fruit Cup, 100% Juice, Milk</p> <p><u>Lunch:</u> BBQ Pork, Bun, Potato Wedges, Romaine Lettuce, Bananas, Grapes, Milk</p>	<p>4 <u>Breakfast:</u> Cereal, Banana, 100% Apple Juice, Milk</p> <p><u>Lunch:</u> Meat Stromboli, Carrots &amp; Broccoli, Oranges, Pineapple, Romaine Lettuce, Milk</p>
<p>7 <u>Breakfast:</u> Sausage &amp; Cheese Bagel, Mandarin Oranges, 100% Apple Juice, Milk</p> <p><u>Lunch:</u> Beef Tips &amp; Gravy, Mashed Potatoes, Romaine Lettuce, Ranch Dressing, WG Dinner Roll, Pears, Apple, Milk</p>	<p>8 <u>Breakfast:</u> WG Pancake, Applesauce, Raisins, Milk</p> <p><u>Lunch:</u> Taco Meat, WW Corn Chips, Cheese, Lettuce, Tomatoes, Refried Beans, Sour Cream, Salsa, Bananas, Or-</p>	<p>9 <u>Breakfast:</u> Scrambled Eggs, WG Toast, Peaches, 100% Orange Juice, Milk</p> <p><u>Lunch:</u> Ham, Baby Bakers, Romaine Lettuce, Ranch Dressing , WG Dinner Roll, Banana, Pineapple, Milk</p>	<p>10 <u>Breakfast:</u> Muffins, String Cheese, Applesauce, 100% Apple Juice, Milk</p> <p><u>Lunch:</u> Cheeseburger on WG Bun, Waffle Fries, Romaine Lettuce, Ranch Dressing, Fruit Slushies, Oranges, Milk</p>	<p>11 <u>Breakfast:</u> Cereal, 100% Grape Juice, Banana, Milk</p> <p><u>Lunch:</u> Pizza, Romaine Lettuce, Frozen Sidekicks, Ranch Dressing, Carrots, Oranges, Apples, Milk</p>
<p>14 <u>Breakfast:</u> Sausage &amp; Pancake Wrap, Applesauce, Craisins, Milk</p> <p><u>Lunch:</u> (K-5) Spaghetti, (6-12) Chicken, Alfredo Sauce, WW Noodles, Romaine Lettuce, Ranch or French Dressing, WW Dinner Roll, Carrots, Apples, Oranges, Milk</p>	<p>15 <u>Breakfast:</u> Nutri-Grain Bar, Yogurt, 100% Grape Juice, Banana, Milk</p> <p><u>Lunch:</u> WG Sub Bun, Ham or Turkey, Cheese, Lettuce, Tomatoes, Sun Chips, Mayo, Mustard, Oranges, Banana, Milk</p> <p><b>(Early Release 11:30)</b></p>	<p>16 <u>Breakfast:</u> Boiled Eggs, WW Toast, Peaches, 100% Orange Juice, Milk</p> <p><u>Lunch:</u> Pork Patties, Potato Wedges, Romaine Lettuce, French or Italian Dressing, Apples, Grapes, Milk</p>	<p>17 <u>Breakfast:</u> WG Poptart, String Cheese, Applesauce Pouch, 100% Grape Juice, Milk</p> <p><u>Lunch:</u> Hot Dog, WG Buns, Hash Brown Rounds, Baked Beans, Romaine Lettuce Carrots, Oranges, Apples, Milk</p>	<p>18 <u>Breakfast:</u> Cereal, 100% Apple Juice, Bananas, Milk</p> <p><u>Lunch:</u> Calzones, Carrots &amp; Celery, Romaine Lettuce, Ranch Dressing, Apples, Oranges, Milk</p>
<p>21 <u>Breakfast:</u> Cream Cheese Filled Bagel, Yogurt, Raisins, Banana, Milk</p> <p><u>Lunch:</u> Meatballs, Mashed Potatoes, Dinner Roll, Romaine Lettuce, Ranch or Italian Dressing, Banana, Craisins, Milk</p>	<p>22 <u>Breakfast:</u> Muffins, String Cheese, Bananas, 100% Apple Juice, Milk</p> <p><u>Lunch:</u> Taco Meat, WW Corn Chips, Cheese, Lettuce, Tomatoes, Refried Beans, Sour Cream, Salsa, Oranges, Fruit</p>	<p>23 <u>Breakfast:</u> Ham &amp; Cheese on WG Bagel, 100% Grape Juice, Pears, Milk</p> <p><u>Lunch:</u> Chicken Patties, WG Buns, Baked Fries, Frozen Sidekicks, Romaine Lettuce, Ranch, Grapes, Apples, Milk</p>	<p>24 <u>Breakfast:</u> French Toast, Applesauce, 100% Apple Juice, Milk</p> <p><u>Lunch:</u> Spaghetti, Dinner Roll, Romaine &amp; Spinach Salad , Ranch Dressing, Carrots &amp; Broccoli, Oranges, Banana, Milk</p>	<p>25 <u>Breakfast:</u> Cereal, 100% Orange Juice, Banana, Milk</p> <p><u>Lunch:</u> Pizza, Romaine Lettuce, Frozen Sidekicks, Ranch Dressing, Carrots, Oranges, Apples, Milk</p>
<p>28 <u>Breakfast:</u> Cherry or Apple Frudels, Yogurt, Raisins, Bananas, Milk</p> <p><u>Lunch:</u> Chicken Nuggets, Baked Fries, Romaine Lettuce, Ranch Dressing, Oranges, Apples, Milk (WG Dinner Roll H.S)</p>	<p>29 <u>Breakfast:</u> Breakfast Pizza, Pears, 100% Orange Juice, Milk</p> <p><u>Lunch:</u> WG Sub Bun, Ham or Turkey, Cheese, Lettuce, Tomatoes, WG Doritos, Mayo, Mustard, Oranges, Banana,</p>	<p>30 <u>Breakfast:</u> Cheese Omelets, WW Toast, Banana, 100% Grape Juice, Milk</p> <p><u>Lunch:</u> Ravioli, Green Beans, Romaine Lettuce, Ranch Dressing, Goldfish Crackers, Applesauce Pouch , Fruit Slushies, Milk</p>	<p>31 <u>Breakfast:</u> Waffles, Applesauce, 100% Orange Juice, Milk</p> <p><u>Lunch:</u> WG Corn Dog, Romaine Lettuce, French or Italian Dressing, Frozen Sidekicks, Grapes, Apples, Milk</p>	<p>1 <u>Breakfast:</u> Cereal, 100% Apple Juice, Banana, Milk</p> <p><u>Lunch:</u> Ham &amp; Cheese Stuffer, Romaine Lettuce, Carrots &amp; Broccoli, Ranch Dip, Apples, Craisins, Milk</p>

USDA is an equal opportunity provider and employer.”

Milk Served at every meal: Lowfat Unflavored, Fat Free Unflavored, Fat Free Chocolate ( Friday Lunch) .

All Juice served is 100% Fruit Juice.

**Menu is subject to change if necessary.**